



Way Up North Seminar

U Gotta Be There!

About the Seminar

Saturday, April 18 at 10 AM to 4 PM

Featuring Mike Ingham,
World Champion Sailor

Mike will weave together key elements of boat speed, smarts and tuning in a presentation sure to make you sail faster.

Weather presentation by Carol Christenson,
Duluth National Weather Service Office

Proctor Blackwoods Conference Center
195 U.S. Hwy 2
Proctor, MN

\$55 (includes lunch)
Pre-registration required

Register Today

Mail \$55 payment payable to:

Duluth Yacht Club
PO Box 18
Duluth, MN 55801

Name(s) _____

Address _____

City, State Zip _____

Total Payment _____

About the Featured Instructor



Mike Ingham is current US Sailing Champion of Champions, J24 North American Champion, J24 European Champion, and winner of Charleston

Race Week. He has numerous one design national and continental championships in diverse and competitive classes including the Thistle, J24, JY15, Tornado catamaran, and US Sailing Championships.

He works for North Sails One design as a one design specialist with sail design / test, racing competitively, and helping fellow sailors perform their best.

Mike is a Racing Editor at Sailing World magazine. He is a regular contributor to both the printed magazine and online blog specializing in boat tuning, trimming and other go fast techniques.

He has a technical yet practical approach to coaching. He coaches individuals, national teams, and presents seminars all over the world.

Mike went to Cornell University where he balanced technical studies with sailing team captain and was a college All-American. He co-founded a successful electrical engineering business after graduation.