



AUGUST 4-10, 2019

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Commodore's Welcome

In 1978, my grandparents, Pat and Angie Kabris, packed up the family and headed for Lake of the Woods after reading an article about LOWISA in SAIL magazine. Their first regatta was well attended (capped at 130 boats), drawing sailors of all skills levels from as far away as Oklahoma and the US East Coast. Electronics were non-existent, scoring was manual and the days could be excruciatingly long in their sluggish Ericson 23. They had never raced a day in their lives and LOWISA 11 presented them with numerous challenges, but they quickly realized that it would be the beginning of an incredible family tradition.

I remember hearing stories from a very young age about LOWISA, a mythical wilderness sailing event in Canada. After torturing my family as a 1 year old on LOWISA, I was relegated to Opti and J22 racing on Lake Minnetonka in my early years. I vividly remember the arrival a J29 when I was 9 years old and thinking that it must be the biggest sailboat in the world. My Grandpa and I built incredible memories fixing the boat up while it was tied on a mooring ball in front of their house on Lake Minnetonka. We re-strung halyards, replaced worn out cleats and re-built winches - a little boys dream! I didn't know it at the time, but we were gearing to head back to LOWISA for first time in years, and my life was about to change.



**With my Grandma on my first LOWISA
(LOWISA 35, 2000)**

Fast forward to 2019 and so much has changed. Now on my 20th LOWISA, I've been fortunate enough to sail with my family and now my friends, I've built lifelong friendships and have cultivated a deep passion for Lake of the Woods. LOWISA is now a permanent fixture on my calendar and will be for the rest of my life. As my Grandpa described to me recently, so much about LOWISA has changed over the years, but the sailing and the Lake has the same mystique that it always has.

I have so many folks to thank for stepping up to make this week happen. First, my grandparents for being incredible sounding boards for all my ideas and for making this tradition happen for my family in the first place. Second, my parents, Bruce and Laurie and brothers, Adam and Jack, for picking up so many of the logistical pieces, before and during the week. Third, the rest of my crew (Cody, Jared and Jon) who make this my favorite week of the year. Lastly, but most importantly, the group of volunteers who help year after year with way too many details to name: Rob Eby, John Vogan, Jamie Patterson, David Nelson, Paul Gomori, Jeff Greene and many more. This week would not happen without the dedication of these volunteers. Thank you!!

Being LOWISA commodore is something that I've always dreamed about, and I'm honored to have served this year. I hope that LOWISA 54 builds on the incredible traditions that keep us all coming back while also fostering the creation of new traditions that will live on long after we do.

Ryan Clark
Commodore, LOWISA 54

Sponsors

LOWISA 54 would like to thank and acknowledge our incredible sponsors who provide financial gifts and services in-kind. Sponsors help to keep LOWISA running each year while staying affordable for all participants! Please join in thanking and supporting the following sponsors:

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Notice of Race

1 RULES

- 1.1 The regatta will be governed by the rules as defined in the current edition of The Racing Rules of Sailing (RRS), as published by World Sailing.

2 ELIGIBILITY AND ENTRY

- 2.1 The LOWISA Sailing Regatta is open to all sailboats as defined by the RRS.
- 2.2 Competitors will be members in good standing of the CYA or the US Sailing Association (a card is the normal method of proof).

3 REGISTRATION

- 3.1 To be eligible for scoring, participants must be registered.
- 3.2 The deadline for online registration, event ticket purchase, and payment is August 2nd, 2019.
- 3.3 In person registration, check-in and materials pick-up will take place Saturday August 3rd, 2019 1-4pm at Northern Harbour, Kenora.

4 FEES

- 4.1 Required fees are as follows for all racing boats:
- \$125 Early: Online June 16th, 2019 - June 30th, 2019
 - \$175 Regular: Online July 1, 2019 - August 2nd, 2019
 - \$250 Late Entry: In-Person August 3rd, 2019
- 4.2 Wristbands for all Social Activities:
- \$150 Early: Online June 16th, 2019 - June 30th, 2019
 - \$175 Regular: Online July 1, 2019 - August 2nd, 2019
 - \$200 Late Entry: In-Person August 3rd, 2019
- 4.3 Individual tickets to the Skipper's meeting and Commodore's Ball can be purchased

5 SCHEDULE

- 5.1

Date	Event	Time
June 16th - June 30th	Early Entry (Online)	
July 1st - August 2nd	Regular Entry (Online)	
August 3rd	Late Entry (In Person)	12pm-3pm
August 3rd	Material Pick-Up	12pm-3pm
August 3rd	Skipper's Meeting	6pm

Date	Event	Time
August 4th	Race 1	11am
August 5th	Race 2	11am
August 6th	Race 3	11am
August 7th	Layover Race (optional)	12:30pm
August 8th	Race 4	11am
August 9th	Race 5	11am
August 10th	Race 6	11am
August 10th	Awards Banquet	6pm

6 VENUE

6.1 Racing will take place on Lake of the Woods in Ontario, Canada.

7 PENALTY SYSTEM

7.1 RRS 44.1 will apply.

8 SCORING

8.1 The Low Point scoring system of RRS will apply.

8.2 One race is required to be completed to constitute a series.

8.3 (a) When fewer than 4 races have been completed, a boat's series score will be the total of her race scores.

(b) When from 4 to 6 races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

9 COURSES

9.1 Full courses will be set out in the Sailing Instructions and online prior to the event.

9.2 Any maps provided by LOWISA are for planning purposes only and are NOT for navigation purposes. Written instructions take precedence over drawn courses. LOWISA recommends current federal publications; racing instructions should be transferred to the actual navigational charts for use on the LOWISA regatta. The choice of charts is strictly the choice and responsibility of the participant; LOWISA accepts no responsibility or liability for participants choice of maps.

9.3 Relevant Navigation Charts:

6212: Kenora to Aulneau Peninsula

6217: Ptarmigan Bay and Shoal Lake

10 MEASUREMENT

- 10.1 The seaworthiness, condition of the boat and equipment, and capabilities of each crew member are the sole responsibility of the Captain of each boat. LOWISA reserves the right to measure or inspect any boat, its sails, running gear and for compliance of Transport Canada required safety equipment prior to or during the regatta. It is expected that one design boats will be compliant to its Part D Class Measurement and Inventory of Required & Optional Equipment as per the One Design requirements. All boats will sail with required equipment and measurements that meet the Transport Canada minimum safety requirements and the one design, PHRF or Portsmouth ratings. In addition, all boats will carry at least two VHF radios, one of which must be audible and operational by the Captain of each boat (in the cockpit). Boats challenged by formal protest by LOWISA or any competitor will be heard by the protest committee. Transport Canada's requirements may be found on their website at the address listed below in 16.

11 SAILING INSTRUCTIONS

- 11.1 The sailing instructions will be available online by July 27th, 2019 at 5pm.

12 HAUL-OUT RESTRICTIONS

- 12.1 Keelboats shall not be hauled out during the regatta except with and according to the terms of prior written permission of the race committee.

13 RADIO COMMUNICATION

- 13.1 All LOWISA entrant vessels must have two on-board and functioning VHF radios, with at least one in good operating condition.
- 13.2 Morning Net announcements will be communicated at 9:30am on VHF channel 72. These announcements will present information on daily weather forecasts, course clarifications, evening anchorages, social event updates, and provide a time to pose questions and comments.
- 13.3 Additional communications will be made at 1800hrs informing the fleet of race results, which will also be posted on the Race Committee boat. Please tune in to VHF channel 72 for up-to-date regatta info. Please refrain from using VHF channel 72 for any other reason; use it as a LOWISA listening channel only.
- 13.4 A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones. No notices of protest will be accepted by VHF radio.
- 13.5 At other times, the LOWISA committees will monitor VHF channel 16. Participants should use VHF Channel 16 for hailing purposes only, except in an emergency. Boat-to-boat hailing, especially in anchorages, should be made using low transmit power from VHF Channel 16, and then move to another agreed upon channel for communication.

14 PRIZES

- 14.1 Prizes will be awarded to all divisional winners as well as the winners of the Layover Day race.

15 DISCLAIMER OF LIABILITY

- 15.1 Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material boat or equipment damage or personal injury or death sustained to any person or other being in conjunction with or prior to, during, or after the regatta or any associated events or activities.

16 SAFETY

- 16.1 All entrants shall carry on board the safety equipment as required by Transport Canada. Canadian participants may be required to have a Pleasure Craft Operators Card. Non-Canadian Residents will not need a Pleasure Craft Operators Card to operate a power driven vessel in Canada if their vessel has been in Canada for less than 45 days. Full details are available by calling the Canadian Registry of Ships at 1.877.242.8770 or visiting:
<http://www.tc.gc.ca/marinesafety/TP/TP511/boat.htm>
- 16.2 Post-Finish Safety Gear Inspections: Each boat shall be prepared to be inspected upon finishing each race. Boats may be required to present all required Transport Canada and LOWISA required safety gear. The Race Committee has sole discretion to choose which boats may be inspected. Boats failing a Post-Finish Safety Inspection shall be subject to protest and/or disqualification by the Race Committee.
- 16.3 Boats not intending to race are required to inform the committee boat prior to the start of the race and they will be scored DNS. Boats retiring from the race are required to inform the committee boat and they will be scored DNF. Boats that do not race or retire from racing that do not inform the committee boat will be scored DSQ.

17 WEATHER CONDITIONS

- 17.1 The decision to race, or continue to race, by any boat is hers alone. Each boat should monitor weather conditions prior to the start and for the duration of each race. The Race Committee officials may also monitor weather conditions prior to the start and throughout the duration of each race and will attempt to communicate weather projections during Morning Net announcements. Participants are ultimately responsible for determining their vessel's and crew's capabilities for racing and cruising under varying weather conditions. The LOWISA committee encourages participants to consider safety as the first and foremost priority throughout the duration of this week long event. Notify the Race Committee directly in the event that you abandon a race.

18 INSURANCE

18.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$500,000 per incident or the equivalent. In addition, it is recommended that each participant purchase a personal "travel" insurance such as Blue Cross.

19 MEDIA

19.1 By participating in this event, competitors automatically grant to the organizing authority and the event sponsors the unconditional, perpetual right and authority to publish and broadcast anywhere in the world, for any purpose and in any media, the names, images, and biographical information relating to the crew and photographs, video footage, and audio recordings taken of the boat and its crew prior to, during, and after the regatta without compensation. By submitting an entry form, the skipper acknowledges and accepts the media conditions referred to herein, and grants the rights referred to herein on behalf of all his crew members.

Sailing Instructions

LOWISA 54

Sunday, August 4th - Saturday, August 10th

1 RULES

- 1.1 The regatta will be governed by the Rules as defined in The Racing Rule of Sailing (RRS), latest edition, the prescriptions of the Canadian Yachting Association, the rules of one-design fleets entered, the rules of the Performance Handicap Racing Fleet (PHRF) of the Lake Winnipeg and Lake of the Woods, the rules of Portsmouth for planning hulls and LOWISA as modified by these Sailing Instructions ("SI's") and the interpretations of the LOWISA Race Committee. Questions about these sailing instructions must be submitted in writing; questions and their answers will be communicated to all competitors by way of notice.
- 1.2 Only the measurement Rules of the participating classes will apply.
- 1.3 For multi-hull classes Rules 44.1 and 44.2 are changed so that only one turn, including one tack and one gybe, is required.
- 1.4 In cases of conflicts between these Sailing Instructions and any other document that governs the event, these Sailing Instructions shall take precedence.

2 ENTRIES

- 2.1 All sailboats that are registered and have paid the registration fees are eligible to participate in the LOWISA regatta. The regatta is open to all classes.
- 2.2 Entrants will be assigned to a fleet at the discretion of the race committee.

3 NOTICES TO COMPETITORS

- 3.1 Before registration, posted on the official LOWISA website.
- 3.2 During registration, posted on the official LOWISA notice board at registration.
- 3.3 Between 8:00AM August 4th and the time of the last boat to finish on August 10th, notices to competitors will be communicated in anchorage and on the water in accordance with the following procedure:

Flag 'L' hoisted by the race committee boat over a numeral pennant means the notice numbered herewith will be delivered, either in writing or orally, when you come within hail and request it. This signal will remain displayed for the balance of the day or until a new notice is posted. Notices will be numbered consecutively starting at #1 each day. By coming within hail to get delivery of the current notice, a competitor may also obtain delivery of any preceding notice.

- 3.4 A competitors' meeting will be held at 6:00PM on August 3rd at Northern Harbour for the purpose of introducing the race officials, describing the race committee vessels and to announce the correct time.
- 3.5 LOWISA committees will monitor VHF Channel 16. Neither the PRO nor the Race Committee will respond to race related questions via VHF radio. (The PRO will may make special announcements in the event of an emergency or a postponement/abandonment of a race. These announcements will be initiated on the hailing frequency, VHF Channel 16, and then be announced on VHF Channel 72). Participants should use VHF Channel 16 for hailing purposes only, except in an emergency. Boat-to-boat hailing and communications, especially in anchorages should be made using low transmit power from VHF Channel 16, and then move to another agreed upon channel for continuing the communication.

4 CHANGES IN SAILING INSTRUCTIONS

- 4.1 Any change in the sailing instructions will be posted or communicated before 9:00AM on the day it will take effect, except that any change in the schedule of races will be posted or communicated by 9:00PM on the day before it will take effect.

5 SIGNALS MADE IN ANCHORAGE

- 5.1 Signals made in anchorage are deemed to be made 'ashore'. They will be displayed on the race committee boat.
- 5.2 When flag "AP" is displayed in the anchorage aboard the RC boat and prior to 9:00AM, it indicates races are "postponed", stay in the anchorage until "AP" is lowered. The "Warning" will be not less than 30 minutes after lowering.
- 5.3 When "AP" over code flag "A" is displayed, racing has been cancelled for the day.

6 SCHEDULE OF RACES

- 6.1 For the LOWISA Regatta six races are scheduled; one each day, Sunday, August 4th through Saturday, August 10th with the exception of Layover Day on Wednesday, August 7th.
- 6.2 The Layover Day Race Series on August 7th is a stand-alone race series with its own SI's and is not a part of the main LOWISA Regatta.
- 6.3 The time of the first warning signal for the LOWISA Regatta series is 11:00AM each day.

7 DIVISIONS

- 7.1 The Race Committee may divide fleets. It is anticipated that there will be a Working Sails Fleet Division, a Spinnaker Fleet division and a Dinghy/Multi-Hull/Planing Fleet Division.
- 7.2 Flags used to identify each division at their warning will be square in shape with the division number on a white background.
- 7.3 The fleet divisions and assignments will be ready by the end of registration on August 4th. Hull numbers will be provided by the Race Committee.

8 RACING AREA

- 8.1 The racing area will be Lake of the Woods, Ontario and will be as described and shown on the chart excerpts provided. These chart excerpts are for course demonstration only and are not for navigation purposes. These course descriptions are intended to identify the race course by a sequence of mandatory marks (buoys, islands) and general direction between marks. They are not intended to ensure the safe navigation between the marks and through the course. Lake of the Woods has many hazards below the water's surface. It is the responsibility of the skipper of each boat to use the latest navigation maps issued by the Canadian Hydrographic Service, either in paper or digital format, to provide safe passage through the race course. Do not use course diagrams or these course descriptions or instructions, for navigation purposes. Navigators should use Canadian Hydrographic charts 6212 and 6217.
- 8.2 In the case of a discrepancy between the charts and the SIs, the SIs shall prevail.

9 THE COURSE

- 9.1 The courses to be sailed, including the order in which marks are to be passed, and the side on which each mark is to be left are described in Appendix A - Courses. The course will be as prescribed by the Race Committee and as indicated at the Skippers' Meeting. Changes on the water will be determined by the Race Committee and communicated by the PRO by the international shapes flown on the RC Yacht.

10 MARKS

- 10.1 Marks of the courses, with the exception of the starting mark, the finishing mark, and, if set, the windward and offset marks, which shall be yellow or orange spheres, are natural features, yellow spheres and navigational buoys as shown in Appendix A.

11 THE START

- 11.1 Boats are required to check in by sailing past the committee boat prior to the start sequence.
- 11.2 Boats not intending to race are required to inform the committee boat prior to the start the race and they will be scored DNS.
- 11.3 Boats retiring from the race are required to inform the committee boat and they will be scored DNF.
- 11.4 Boats that do not race or retire from racing that do not inform the committee boat will be scored DSQ.
- 11.5 The starting line will be between a staff displaying a RC flag on the race committee boat at the starboard end and the port end starting mark.
- 11.6 Races will be started as follows:

	Time to Start	Visual Signal	Sound Signal
Warning	5 minutes	Division Flag displayed	One Sound
Preparatory	4 minutes	Display of: P, I, Z, Z+I or Black Flag	One Sound
	1 minute	Lowering of: P, I, Z, Z+I or Black Flag	One Long Sound
Start	0 minutes	Lowering of Division Flag	One Sound

- 11.7 Divisions may be started in any order.
- 11.8 The warning signal for each succeeding class shall be made one minute after the starting signal of the preceding class.
- 11.9 Boats whose warning signal has not been made shall keep clear of the starting area.
- 11.10 The PRO may at his discretion add an up-wind offset mark to facilitate clearing of the start line for subsequent divisions. When the race committee displays a red flag no later than with the first warning signal of a given race, it shall mean that the course is modified to include a windward mark to be left to port immediately after the start. When the race committee boat displays two red flags in the above manner, it shall mean that the course is further modified to include an offset mark to be left to port immediately after the windward mark. Should the one or two flags so displayed be green, the said mark(s) shall be left to starboard.
- 11.11 Should the race committee boat display flag "L" under flag "AP" on the water, the starting area will be replaced by that where the race committee will lower flag "L" (with one sound signal). Marks located between the old and new starting areas will be removed from the course described in sailing instruction #9.

12 THE FINISH

- 12.1 The finish line will be that point on the race committee boat flying the RC flag (or all blue flag) as the starboard end and a start mark at the port end.
- 12.2 Shortened courses will be indicated by flag "S" (a white flag with a blue square in the center, with repeated sound signals).
- 12.3 Boats who fail to finish by 6:30PM or within two hours from the first boat to finish, whichever comes first, will be provided estimated finish placing's in their current order. This changes rule 35. It is the intention of the race committee to shorten courses when appropriate and to abandon those races where the leader cannot finish by 4:30PM.

13 ARBITRATION, PROTESTS AND REQUESTS FOR REDRESS

- 13.1 Protest forms are available at the Registration Tent or from the RC boat in the anchorage. Protests shall be delivered there within the protest time limit.
- 13.2 For all Fleets, the protest time limit is 60 minutes after the race committee boat has returned to the anchorage following the last race of the day. The same protest time limit applies to all protests by the race committee and jury to request redress. This changes rules 61.3 and 62.2.

- 13.3 Notices will be posted in the anchorage within 5 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. The location will be determined and made public. Hearings will be held at that location in the anchorage beginning at the times and/or in the order indicated in the notices.
- 13.4 Notices of protests by the race committee or jury will be posted to inform boats under rule 61.1(b).
- 13.5 Breaches of instructions 11.5 and 16 will not be ground for protest by a boat. This changes rule 60.1(a). Penalties for these breaches may be less than disqualification if the jury decides.
- 13.6 On the last day of the regatta, a request for reopening a hearing shall be delivered:
- a) Within the protest time limit if the party requesting reopening was informed of the decision on the previous day;
 - b) No later than 30 minutes after the party requesting reopening was informed of the decision on that day. This changes rule 66.
- 13.7 Arbitration
- a) Only alleged violations of RRS Part 2 Rules can be arbitrated.
 - b) Arbitration is a short hearing (3 to 5 minutes), at a location to be advised of, immediately after a protest has been filed there, with one representative from each boat and the Arbitrator, usually the PRO.
 - c) Representatives of involved boats shall both proceed to the point of arbitration after the last race of the day within 1.25 hours (or sooner, if the protest is being filed sooner) following the docking of the RC boat after the race where the alleged incident occurred. Failure of representatives of involved boats to timely arrive at the arbitration location may result in referring the issue to a hearing by a protest committee.
 - d) No witnesses are permitted in arbitration hearings.
 - e) When an arbitrator is unable to determine if/which boat broke a rule, or when the representatives of boats do not accept the arbitrator's ruling, the issue will be referred to a protest committee for hearing. Once concluded, an arbitration hearing shall not be reopened for any reason.
 - f) When an arbitrator's "penalty" ruling is accepted by the parties, a penalized boat shall receive a minimum penalty of 2 points, or a 20% penalty as described in RRS 44.2(c), whichever is greater. Accepting a penalty in arbitration is voluntary and cannot be grounds for redress or be appealed.

14 SCORING

- 14.1 A PHRF handicapping system will be used. A Portsmouth conversion may be used if necessary.
- 14.2 Each boat will be assigned a 'time-on-time' correction factor based on the data submitted on the Handicapping Form as may be requested by the Notice of Race.

- 14.3 The Low Point scoring system of Appendix A will apply with five races scheduled, of which three races shall be completed to constitute a series. If four or less races are completed, each boat's total score will be the sum of her scores for all races.

15 PRIZES

- 15.1 Trophies are available to the first yacht of its division. Prizes will be awarded to the top three positions of each Fleet where there are at least five participants. Perpetual trophies listed at the back of the LOWISA handbook will also be awarded.

16 DISCLAIMER OF LIABILITY

- 16.1 Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material boat or equipment damage or personal injury or death sustained to any person or other being in conjunction with or prior to, during, or after the regatta or any associated events or activities.
- 16.2 Competitors agree to hold harmless and keep indemnified LOWISA, Sail Manitoba and the Canadian Yachting Association (CYA), their sponsors, their organizers and their respective agents, officials, servants, and representatives, from and against all claims, actions, costs, expenses, and demands in respect to death, injury, loss or damage to the competitor's property, however caused, arising out of or in connection with Competitor's taking part in the event, notwithstanding that the same may have been contributed to or occasioned by the negligence of the same bodies, or any of them or their agents, officials, servants, or representatives. Competitors shall further understand and agree that this Release is binding upon them, their heirs, executors and assigns.

Courses

LOWISA 54 - Appendix A

These course descriptions are intended to identify the race course by a sequence of mandatory marks (buoys, islands) and general direction between marks. They are not intended to ensure the safe navigation between the marks and through the course.

Lake of the Woods has many hazards below the water's surface. It is the responsibility of the skipper of each boat to use the latest navigation maps issued by the Canadian Hydrographic Service, either in paper or digital format, to provide safe passage through the race course. Do not use course diagrams or these course descriptions or instructions, for navigation purposes.

The required Canadian Hydrographic Service charts for LOWISA 54 are:

6212: Kenora to Aulneau Peninsula
6217: Ptarmigan Bay and Shoal Lake

Race 1 - August 4th, 2019

Start: Southeast of Allans Island | Finish: North of Eagle Pass 20.3 NM
Navigation Charts: 6212 - Kenora to Aulneau Peninsula

Proceed Southeast leaving Lunny's Island to starboard

Proceed Northeast rounding buoy EA4 and island immediately to it's southeast (with 59ft depth marker to the east) to starboard

Proceed south southwest leaving Mazies Island to starboard

Proceed south leaving Strawberry island to starboard

Proceed southwest leaving Slate Island, Gaherty Island and buoy EJ5 to starboard

Proceed north leaving Manitou Island to starboard

Head northeast leaving Kipling Island to starboard and Survey Island to port

Proceed east southeast rounding Copper Island to port

Proceed North rounding 2 unnamed island approximately 0.5 miles northeast of Copper Island (one with 3ft depth marker to the southeast and one with 11ft depth marker to northwest) to starboard

Proceed south leaving buoy EG5 to port

Head southeast to the finish in the southeast corner of Bigstone Bay near the north entrance of Eagle Pass

Anchorage: Southeast End of Moore Bay (Eagle Pass)

Day 1 Map Coming Soon!



Race 2 - August 5th, 2019

Start: South of Fraser Island | Finish: West of Saucer Island | 21.5 NM
Navigation Charts: 6212 - Kenora to Aulneau Peninsula

Proceed southwest leaving Queer Island to starboard

Proceed southwest leaving unnamed island approximately 0.5 miles northwest of Oliver island (with 15 foot depth marker off northwest shore) to port

Proceed southwest leaving unnamed island approximately 1 mile north of buoy ES1 (with 5ft depth marker of west shore) to port

Continue southwest leaving unnamed island approximately 0.5 miles northeast of Infernal Point (with 9ft depth marker of northwest shore) to port

Leave day marker approximately 0.5 miles east of Infernal Point to starboard

Continue south leaving buoy ES4 to starboard

Leave Donald Duck island to starboard

Proceed southwest leaving unnamed island approximately 1 mile east of buoy SA4 (with two 2ft exposed rocks off southwest shore) to port

Proceed north leaving the second small island to the south of Rope Island (with 1ft depth marker off southwest shore and 3ft exposed rock off east shore) to starboard

Continue northeast leaving Little Rope Island to port

Head northwest leaving unnamed island directly west of buoy S8 to starboard

Proceed northwest leaving unnamed island approximately 0.6 miles northwest of buoy S8 (with 24ft depth marker to the south) to starboard

Head northeast to finish in the area west of Saucer Island

Anchorage: 22ft Bay

Day 2 Map Coming Soon!



Race 3 - August 6th, 2019

Start: North of Micrometer Island | Finish: North of Buoy W9 | 21.5 NM
Navigation Charts: 6212 - Kenora to Aulneau Peninsula
6217 - Ptarmigan Bay and Shoal Lake

Proceed northeast rounding the unnamed island directly east of buoy S2 to port
Head northwest leaving Birch Island to starboard

Proceed northeast leaving Shannons Island and the small unnamed island immediately to its east to port

Head west leaving S Island to port

Proceed west leaving buoy W6 and the small unnamed island directly to its south to starboard

Continue west leaving Victoria island to starboard

Head northeast leaving the unnamed island approximately 0.3 miles northeast of the northernmost tip of Victoria Island (with 34ft depth marker off its northeast shore) to starboard

Head southeast leaving the unnamed island 0.4 miles east of east tip of Victoria Island (with 7ft depth marker off southwest shore) as well as the unnamed island 0.2 miles southwest of that (with 11ft depth marker of northwest shore) to starboard

Continue southwest leaving the unnamed island directly west of the west tip of Copper Island to port

Proceed southeast to finish in the area north of buoy W9

Anchorage: Ash Rapids

Day 3 Map Coming Soon!



Race 4 - August 8th, 2019

Start: Northwest of Buoy W9 | Finish: South of Iriam Island | 19.3 NM
Navigation Charts: 6212 - Kenora to Aulneau Peninsula
6217 - Ptarmigan Bay and Shoal Lake

Proceed east leaving buoy W6 and the small unnamed island directly to its south to port

Continue east leaving S Island to starboard

Proceed southeast leaving Birch Island to port

Head northeast leaving Whisky Island to starboard

Proceed east leaving Manitou Island to port

Head north leaving the unnamed island approximately 0.25 miles north of Lemon Island to port

Proceed west leaving the unnamed island approximately 0.25 miles southwest of the southernmost tip of Wolf Island (with 5ft depth marker off east shore) to port

Head southwest leaving Shannons Island to port

Continue southwest leaving Luella Island to starboard

Finish in the area south of Iriam Island

Anchorage: Micrometer Bay

Day 4 Map Coming Soon!



Race 5 - August 9th, 2019

Start: West of Saucer Island | Finish: North of Bunn Island | 21.4 NM
Navigation Charts: 6212 - Kenora to Aulneau Peninsula

Head east leaving Teepee Island to starboard

Proceed east leaving the unnamed island approximately 0.5 miles south of buoy ES1 (with 2ft exposed rock on north shore) to starboard

Head southwest leaving Donald Duck Island to port

Proceed southeast rounding Mouse Island to port

Head west rounding the unnamed island directly north of Mouse Island to starboard

Proceed east leaving the unnamed island approximately 0.75 miles northwest of northernmost tip of Chisholm Island (with 25ft depth marker off west shore) to port

Head northeast leaving the unnamed island approximately 0.5 miles northwest of Sanna Island (with 15ft depth marker off south shore) to port

Head northwest leaving Bunn Island to port

Continue northwest rounding unnamed island approximately 0.75 miles northwest of Bunn Island (with 19ft depth marker off southwest shore) to starboard

Head east to finish north of the green day marker directly north of Bunn Island

Anchorage: Newfoundland (Small Bay Northeast of Bunn Island)

Day 5 Map Coming Soon!



Race 6 - August 10th, 2019

Start: North of Bunn Island | Finish: South of Buoy EA13 | 16.3 NM
Navigation Charts: 6212 - Kenora to Aulneau Peninsula

Head northwest through The Elbow. You may not pass through The Devils Elbow

Head north leaving buoy EJ8 to port, FJ7 to starboard and EJ6 to port

Continue north leaving the two small unnamed islands approximately 0.5 miles north of buoy EJ6 (with 2ft exposed rock in between the) to port

Head west leaving Palisade Island to starboard

Proceed north leaving buoy S1 to starboard

Head northeast leaving the unnamed island directly west of buoy MG (with 35ft depth marker off east shore) to port

Continue north leaving the unnamed island east of buoy ME (with 5ft depth marker off southwest shore) and the very small island to its northeast (with 3ft depth marker between them) to starboard

Proceed northeast leaving Lunny's Island to starboard

Head southeast leaving Survey Island to port and Kipling Island to starboard

Head east to the finish south of buoy EA13

Day 6 Map Coming Soon!



Volvo Winnipeg Layover Day Race



VOLVO WINNIPEG

Sailing Instructions

August 7th, 2019

1 RULES

- 1.1 The regatta will be governed by the Rules as defined in The Racing Rules of Sailing, latest edition and the rules of Performance Handicap fleet (PHRF), (except as any of these are altered by these sailing instructions).
- 1.2 The prescriptions of the Canadian Yachting Association will apply.
- 1.3 For Catamaran classes Rules 44.1 and 44.2 are changed so that only one turn, including one tack and one gybe, is required.
- 1.4 In cases of conflicts between these Sailing Instructions and any other document that governs the event, these Sailing Instructions shall take precedence.

2 ENTRIES

- 2.1 This is a closed event and open only to registrants of the week-long LOWISA 54 Regatta. Boat owners/skippers shall be members of the CYA or US Sailing association. (All paid entrants of LOWISA 54 are automatically members of the CYA). All classes from the week-long LOWISA 54 Regatta are invited to participate. Competitors must meet all ownership and class membership requirements and must complete all aspects of the registration process to become official participants; to be eligible for scoring, entrants must register.
- 2.2 All LOWISA Regatta entrants will be started based on their fleet assignment; mono-hulls with spinnakers, mono-hulls without spinnakers (working class), and multi-hulls/planing hulls. Minimum fleet size is 3 boats. Based upon the number of entrants, the Race Committee or LOWISA reserves the right to amalgamate, cancel, subdivide or rearrange divisions or the number of starts for the Regatta. The Race Committee's or LOWISA's decision on the division in which a competing yacht will be scored is final and not subject to protest.

3 NOTICES TO COMPETITORS

- 3.1 Notices to competitors will be described at the competitors meeting. Because of the remote regatta venue, printing and posting may not be possible.

4 CHANGES TO SAILING INSTRUCTIONS

- 4.1 Any change to the Sailing Instructions described and discussed at the Competitors' Meeting including notification for simultaneous starts (see Paragraph 7.3), if required.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed on the flag staff at the Competitors Meeting.
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the Race Signal AP.
- 5.3 When flag AP over code flag "A" is displayed, racing has been cancelled for the day.
- 5.4 Code flag "L" displayed with one (1) sound signal indicates a Notice to Competitors or a change in the Sailing Instructions has been posted at the Competitors' Meeting.

6 SCHEDULE

- 6.1 All interested classes shall race on Wednesday, August 7th, 2019.
- 6.2 Three (3) races are scheduled. Additional races may be sailed as conditions permit.
- 6.3 The warning signal for each succeeding race will be made as soon as practicable. To alert boats of the next race, flag AP will be displayed with one (1) sound signal for at least two (2) minutes and will be lowered with one (1) sound signal one (1) minute before a warning signal of the first class is displayed.
- 6.4 The Race Committee boat on station at the finish line of a race will display code flag "R" if additional races are to follow (more than three races).
- 6.5 On Wednesday, August 7th, no warning signal will be made after 3:30PM.

7 CLASS FLAGS

- 7.1 Class flags will be used to designate classes for the purposes of starting, shortening course, and any other class dependent signals. When no class flags are displayed the signals apply to all classes.
- 7.2 Class flags will be:

Class 1 (Numeral One (1) on white background): Working Class Division

Class 2 (Numeral Two (2) on white background): Spinnaker Class Division

Class 3 (Numeral Three (3) on white background): Planing Class Division

- 7.3 Class 1, Class 2 and Class 3 may have simultaneous starts as determined by the Primary Race Officer and depending on the size of the fleet(s).

8 RACING AREA

8.1 Races will be held on Lake of the Woods in the area north of Ash Rapids or as directed by the PRO and as communicated at the Competitors' Meeting.

9 THE COURSES

9.1 The courses, including the approximate angles between legs, the order in which marks are to be passed, are illustrated in Appendix B of the Layover Day Sailing Instructions.

9.2 All boats will sail the same course.

9.3 All course marks shall be left to port.

10 MARKS

10.1 All course marks will be yellow or orange spheres.

10.2 A Race Committee boat signaling a change of a leg of the course is a mark as provided in Instruction 13.2.

11 THE START

11.1 The starting line will be between a staff displaying a RC flag on the race committee boat at the starboard end and the port end starting mark.

11.2 Races will be started as follows:

	Time to Start	Visual Signal	Sound Signal
Warning	5 minutes	Division Flag displayed	One Sound
Preparatory	4 minutes	Display of: P, I, Z, Z+I or Black Flag	One Sound
	1 minute	Lowering of: P, I, Z, Z+I or Black Flag	One Long Sound
Start	0 minutes	Lowering of Division Flag	One Sound

11.3 Divisions may be started in any order.

11.4 The warning signal for each succeeding class shall be made one minute after the starting signal of the preceding class.

11.5 Boats whose warning signal has not been made shall keep clear of the starting area.

11.6 A boat starting later than four (4) minutes after her starting signal will be scored Did Not Start (DNS). This changes rule A4.

12 RECALLS

12.1 Rule 29.1 will apply for Individual Recalls. The Race Committee may attempt to notify boats over early by hailing the sail number of each on the course side (OCS) boat. Delay or failure by the Race Committee to notify OCS boats shall not be used for grounds for redress. This changes Rule 41.

- 12.2 General Recall: The 'First Substitute' will be displayed with two (2) sound signals. The warning signal for class(es) recalled shall be made with or after the starting signal for the last scheduled class start. The timing sequence shall not stop. This changes Rule 29.2.

13 CHANGE OF THE NEXT LEG OF THE COURSE

- 13.1 To change the next leg of the course, the Race Committee will move the original mark (or the finishing line) to a new position and remove the original mark as soon as practicable. When, in a subsequent change a new mark is replaced, it will be replaced by an original mark. Any mark to be rounded after the new mark may be moved to maintain the course configuration without signaling.
- 13.2 Boats shall pass between the Race Committee boat displaying code flag "C" (and making periodic sound signals) and the nearby mark, leaving the mark to port and the Race Committee boat to starboard. This changes Rule 28.1.
- 13.3 Any change will be signaled before the leading boat has begun the leg, although the new mark may not yet be in position.

14 THE FINISH

- 14.1 The finishing line shall be between that point on the Race Committee boat displaying an "RC" flag (or an all blue flag) at the starboard end of the line and a mark (as described in Instruction 10.1.1) at the port end of the line.

15 TIME LIMIT

- 15.1 If no boat properly rounds the first mark of the course within 30 minutes of her start, the race will be abandoned.
- 15.2 If no boat properly finishes the course within 90 minutes of her start, the race will be abandoned.
- 15.3 Boats failing to finish within 30 minutes of the first boat to properly finish the course of the same class will be scored Did Not Finish (DNF). This changes Rules 35 and A4.

16 PROTESTS AND REQUESTS FOR REDRESS

- 16.1 Protest forms are available from the PRO on the RC boat. Protests shall be delivered there within the protest time limit to the PRO on the RC boat.
- 16.2 For all class, the protest time limit is 60 minutes after the Race Committee has returned to the Competitors' Meeting area following the last race of the day. The same time limit applies to protests by the Race Committee about incidents they observe in the racing area and to requests for redress. This changes Rules 61.3 and 62.2.
- 16.3 Notices will be posted within 30 minutes of the expiration of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the Competitors' Meeting area beginning at the times and/or order indicated in the notices.

- 16.4 Notices of protests by the Race Committee will be posted to inform boats under Rule 61.1(b).
- 16.5 Breaches of Instructions 11.4, 18, 19, and 20 will not be grounds for a protest by a boat. This changes Rule 60.1(a). Penalties for these breaches may be less than disqualification if the Protest Committee so decides.
- 16.6 After the last race of the regatta a request for reopening a hearing shall be delivered: within the protest time limit if the party requesting reopening was informed of the decision on the previous day; no later than 30 minutes after the party requesting reopening was informed of the decision on that day. This changes Rule 66.
- 16.7 Decisions of the Protest Committee will be final as provided in Rule 70.4.

17 SCORING

- 17.1 The Low Point scoring system will apply.
- 17.2 The boat with the shortest corrected finishing time will place first, the boat with the next shortest corrected finishing time will place second, and for each place thereafter add one position. Boats with equal corrected finishing times, to a precision of 1 second, will be tied.
- 17.3 One (1) race is required to be completed to constitute a series. Each boat's total series score shall be calculated as follows:
 - a) If three (3) or fewer races have been completed, each boat's series score will be the sum of her scores for all races;
 - b) If between four (4) and seven (7) race have been completed, each boat's series score will be the sum of her scores for all races excluding her worst score; and
 - c) If eight (8) or more races have been completed, each boat's series score will be the sum of her scores for all races excluding her two (2) worst scores.

18 SAFETY REGULATIONS

- 18.1 Each boat must have safety equipment as required by the Canadian Coast Guard and Transport Canada.
- 18.2 A boat that retires from a race shall notify the race committee as soon as possible.

19 RADIO COMMUNICATION

- 19.1 A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

20 PRIZES

- 20.1 Prizes will be awarded to the top three finishers in each fleet where there are at least five competitors. Permanent trophies will be awarded to the overall winners will be kept at Northern Yacht Club.

The Molson Cup

(Donated by Molson Brewery, Ontario)

Layday Spinnaker Class Division

Non-Such Trophy

(Donated by The Hudson Bay Company)

Layday Working Class Division

The W. H. Marr Trophy

(In honor of W. H. Marr)

Layday Multi-hull/Planing Class

1966-7 Best elapsed time of any planing class.

21 DISCLAIMER OF LIABILITY

- 21.1 Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material boat or equipment damage or personal injury or death sustained to any person or other being in conjunction with or prior to, during, or after the regatta or any associated events or activities.
- 21.2 Competitors agree to hold harmless and keep indemnified LOWISA, Sail Manitoba and the Canadian Yachting Association (CYA), their sponsors, their organizers and their respective agents, officials, servants, and representatives, from and against all claims, actions, costs, expenses, and demands in respect to death, injury, loss or damage to the competitor's property, however caused, arising out of or in connection with Competitor's taking part in the event, notwithstanding that the same may have been contributed to or occasioned by the negligence of the same bodies, or any of them or their agents, officials, servants, or representatives. Competitors shall further understand and agree that this Release is binding upon them, their heirs, executors and assigns.

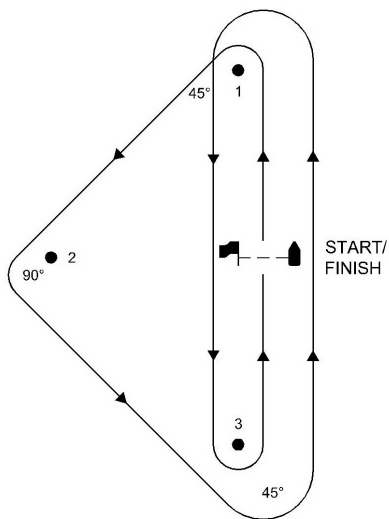


VOLVO WINNIPEG

Layover Day Race - Appendix B Courses

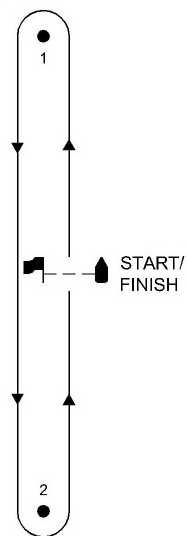
Course 1

Start - 1 - 2 - 3 - 1 - 3 - Finish



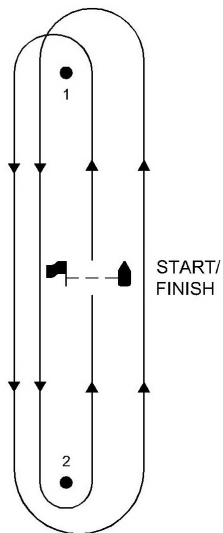
Course 2

Start - 1 - 2 - Finish



Course 3

Start - 1 - 2 - 1 - 2 - Finish



Social Events

Sat. August 3rd

Venue: Northern Harbour

Registration & Merchandise

1-4pm

Sailor's Social

5pm

Skipper's Meeting

6pm

Sun. August 4th

Anchorage: Eagle Pass

Kids Event: Treasure Hunt

5pm

Martha Stewart Cooking Contest presented by

Delta 9 Cannabis

6:30pm

Mon. August 5th

Anchorage: 22ft Bay

WPG Vodka Cocktail Party

6:30pm

Costume Contest with Hurricane Bar & Grill

7pm

Tues. August 6th

Layover: Ash Rapids

Happy Hour hosted by Ash Rapids

4-6pm

Fish Fry

6pm

LOWISA Idol Talent Show

8pm

Wed. August 7th

Layover: Ash Rapids

Volvo Winnipeg Layover Race

12:30pm

Paddleboard Derby & USA vs. Canada Football

3pm

North Sails Seminar

5pm

Buffet Dinner

6pm

Sage Creek Presents: The Slam Dunks

8pm

Thurs. August 8th

Anchorage: Micrometer Bay

Kids Event: Pirate Party

5pm

"On The Rocks" Cocktail Competition

6:30pm

Fri. August 9th

Anchorage: Newfoundland

Lake of the Woods Brewing Company, Lakeside Lounge

6:30pm

Sat. August 10th

Venue: Northern Harbour

BYOB Happy Hour

5pm

Dinner & Awards

6pm

Wristband Information

Social event wristbands are not included with registration and must be purchased separately for each crew member planning to attend the below events. All wristbands can be purchased through the registration portal (lowisa54.eventbrite.com). There are additional options for kids wristbands and individual tickets to the Sailor's Social and Awards Banquet.

Event	Date	Full Week	First Half	Second Half
Sailor's Social Dinner	8/3	✓	✓	
WPG Vodka Cocktail Party	8/5	✓	✓	
Fish Fry at Ash Rapids	8/6	✓	✓	✓
Buffet Dinner at Ash Rapids	8/7	✓	✓	✓
Lakeside Lounge Party	8/9	✓		✓
Dinner at Awards Banquet	8/10	✓		✓

Event Descriptions

Registration, Merchandise Pickup, Sailor's Social and Skipper's Meeting

While online registrations are preferred and cheaper, we will take in-person registrations at Northern Harbour on August 3rd from 1-4pm. During the same time, you can pick up your registration packet, buy merchandise or pick-up pre-ordered merchandise.

A Sailor's Social with dinner (included with full-week and first-half wristband) and Skipper's Meeting will follow at 5pm and 6pm, respectively.

Online Registration

<https://LOWISA54.eventbrite.com>

Online Merchandise Pre-Order

<https://LOWISA-54.myshopify.com>

Kids Events

There will be a number of kids events throughout the week and on Layover Day. Highlights include a Treasure Hunt and a Pirate Party! Please let our kids event coordinator James Welby know if you would like to have your kids involved throughout the week!

Martha Stewart Cooking Contest presented by Delta 9 Cannabis

Behind every good sailing team is a wilderness chef making it all happen. We'll find out who the best chef in the fleet is in the Martha Stewart Cooking Contest presented by Delta 9 Cannabis. Participants will be confirmed by radio in anchorage.

WPG Vodka Cocktail Party

A LOWISA tradition with a new twist! Lowisa's newest sponsor, WPG Vodka, is proud to present this year's cocktail party! We'll be serving up their signature Manitoba Mule on shore so come thirsty!

Costume Contest with Hurricane Bar & Grill

Dress to impress in your best costume at the WPG Vodka Cocktail Party! Buy it or make it at home, just keep it family friendly. We'll be judging the best kid's costume, best duo and best group! Do you think you can beat the Hurricane Bar & Grill boys at their own game?

LOWISA Idol Talent Show

Show off your skills in front of the LOWISA fleet! All acts accepted. We'll have a microphone available, but you can bring anything else that you need to perform!

Paddleboard Derby & USA vs. Canada Football

Join us at Ash Rapids as we continue some of LOWISA's newest traditions. We'll have a paddleboard race around the bay and the always heated USA vs. Canada touch football game. You won't want to miss these events!

North Sails Seminar

Drew Mitchell of North Sails will conduct a sail trim and tactics seminar at the lodge following the layover day race. Whether you're a sailing newbie or an extra-salty sea dog, there will be a great opportunity to brush up on your skills!

Sage Creek Presents: The Slam Dunks

Dance the night away on the patio outside the lodge with LOWISA favorite: The Slam Dunks! Ash Rapids will have the bar open during this time.

"On The Rocks" Cocktail Competition

Think you make the best drink in the fleet? Prove it to our panel of judges on Thursday evening. The more creative the better! Participants will be confirmed by radio in anchorage.

Lake of the Woods Brewing Company, Lakeside Lounge

Lake of the Woods Brewing returns as a sponsor of LOWISA with their Lakeside Lounge party! Sample some LOW favorites and some new releases fresh from their Kenora brewery.

Awards Ceremony

To be held at Northern Yacht Club on Saturday evening with catering by local favorite 901 Westside. BYOB happy hour to immediate proceed dinner and our awards presentation. Agenda as follows:

- Customary Toast to the Queen and President
- National Anthems of Canada and the United States
- Blessing
- Dinner
- Commodore's Remarks
 - Recognition of Past Commodores and Honored Guests
 - Recognition of Sponsors
 - Recognition of LOWISA Volunteers
- Divisional Awards
- Fleet Awards
- Spirit Awards
- Passing of the Helm

Other Information

Emergency Contacts

Dial 911 for immediate assistance in case of emergency.

Lake of the Woods District Contacts:

OPP Non-emergency: (807) 548-5534

Ambulance: (877) 351-2345

Kenora Marine Patrol, Direct Line: 1(888) 310-1122 (also monitoring VHF 16)

Lake of the Woods District Hospital: (807) 468-9861

Commodore Ryan Clark: (612) 817-1322

REPAX

Jeff Greene - Greene Flash

LOWISA is incredibly great full to Jeff Greene for volunteering his services as our REPAX boat for the second year in a row! Jeff will follow the fleet in his green power boat called Greene Flash and is ready to help in case of emergency. Jeff can be reached via radio if assistance is needed during the week.

Boat Launching

Northern Harbour

361 Northern Harbour Rd

Kenora, ON P9N 3X8

northernharbour@bellnet.ca

Northern Harbour provides free boat launch and retrieval for LOWISA participants traveling in to town. Please contact them directly at the email above to schedule a time in advance. Below are the preferred time windows, but Northern Harbour will try to accommodate other requests.

Launch

Friday August 2nd 1pm - 5pm

Saturday August 3rd 1pm - 4pm

Retrieval

Saturday August 10th 1pm - 5pm

Sunday August 11th 9am - 11am

Layover Day

Ash Rapids Lodge

taclinton@kmts.ca

1-800-465-1095

As a part of your purchase of a social event wristband of any type, Ash Rapids will provide a fish fry on August 6th and a buffet dinner on the evening of August 7th. Ash Rapids will also be serving breakfast and lunch during the duration of our stay, no reservations required. Additionally, the following services will be available during our stay:

- Bar service on Tuesday and Wednesday evening with happy hour specials
- Ice, bread, water, milk, eggs and bacon will be available for purchase at the lodge (no advance notice needed)

Please adhere to the following to keep LOWISA a safe and respectful space. These guidelines ensure that LOWISA maintains positive relationships with our sponsors, resort, and the general public. We thank you in advance for your compliance.

- Please use the Resort's restroom or your vessel's head during Layover
- Please refrain from consuming personal alcohol at the Resort bar
- No boats to be tied to the resort docks during layover except for those with cabin reservations
- Limit after-hours noise during midweek Layover or anchor further out in the bay
- Extend warm LOWISA gratitude to our servers and the Resort staff!

Eco-Friendly Sailing

The LOWISA experience is contingent upon the environmental consciousness of our participants. Please help keep Lake of the Woods pristine by reducing your waste and utilizing eco-friendly products.

- Utilize reusable water bottles and large gallon jugs
- Separate recyclables from your landfill-destined waste
- Practice the 'leave no footprint' routine (packing out all waste from anchorages)
- Be thoughtful about the products you put in the water
- Utilize eco-friendly products and biodegradable materials (sunscreens, soaps)